



The SDQ Project – Supporting the Mental Health of Vulnerable Children in School

“The training was very useful. Just what we need currently in schools to support our SEMH pupils and to know how specifically we can help them”
– Worcesters Primary School

Dates available:

Wednesday 10th July 9.30am – 10.30am

Wednesday 2nd October 9.30am – 10.30am

Wednesday 15th January 2025 9.30am – 10.30am

Wednesday 7th May 2025 9.30am – 10.30am

“I found the training extremely useful, as you gave us time to look at the information and fill in a questionnaire, with you being present to ask any questions.”

– St. Monica’s Catholic School

Aims of the session:

- To understand the purpose of a Strengths and Difficulties Questionnaire; and how they can be used as a supportive tool to monitor the mental health of our pupils
- To look at a case study and discuss how/if the SDQ feedback would inform next steps for the pupil’s individual support
- To have a turn in recording and analysing an SDQ for a known young person (*please attend with a pupil in mind – no personal details will need to be provided*)
- To consider how the SDQ toolkit could be used within your setting

Please note that the session is a practical introduction to using the SDQs and ideally for those with limited to no experience of their use as a tool for education and SEMH

